

### **Snowy Owls to Saw-whet Owls**

*Tuesday, April 16, 7 to 8 pm*

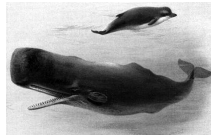
Learn about long-term owl research at Logan International Airport. With Norman Smith.  
Free • York County Audubon program.

### **Making Friends with Whales and Dolphins**

*Wednesday, April 17, 9:30 am to 12 pm*

For ages 5 to 10. Discover what whales eat, how fast they swim, how long they can stay under water, and other amazing things with whale fan Tony Viehmann.

\$20/\$16 • Registration required.



### **Film Screening: "Bag It"**

*Thursday, April 18, 12 to 1:30 pm*

Catch a matinee of the award-winning documentary *Bag It: Is Your Life Too Plastic?* After the film, discuss it with the Kennebunk Energy & Efficiency Committee. Recommended for ages 12 and up.

Free • Registration required.

### **Environmental Stewards: Beach Cleanup**

*Thursday, April 18, 1:30 to 2:30 pm*

Patrol Laudholm Beach for trash and take a stewardship pledge.

Free • Meet at the Visitor Center.

### **Lunch 'n' Learn: What's Eating Maine?**

*Monday, April 22, 12 to 1 pm*

An excursion into Maine's vulnerable food system and our state population's food insecurity. What can be done to improve the situation? With Mark B. Lapping, University of Southern Maine.

\$2 suggested donation • Bring your lunch.

### **Yankee Woodlot Tour and American Chestnuts**

*Friday, April 26, 10 am to 12 pm*

Celebrate Arbor Day by touring the Yankee Woodlot and finding out first hand how we're managing this forest for the long term. Plans include establishing a small grove of American chestnuts here to complement two newly planted chestnuts near the Laudholm campus.

\$7/\$5 • Reservations required.



**wellsreserve**  
at laudholm

Wells National Estuarine  
Research Reserve

342 Laudholm Farm Rd

Wells ME 04090

[wellsreserve.org](http://wellsreserve.org)

207-646-1555

*Become a member of Laudholm Trust. You'll get in free all year and enjoy discounts on programs and events.*

*By supporting Laudholm Trust, you also help maintain historic Laudholm Farm, contribute to science and stewardship activities, and spread our conservation message far and wide.*

Start here: [www.wellsreserve.org/support](http://www.wellsreserve.org/support)



**planahead**

- ▶ Go to **wellsreserve.org** for updates
- ◀ Get just the basics at **m.wellsreserve.org**
- ▶ **Trails Open:** Every day, 7 am to sunset
- ▶ Visitor Center & Exhibits Open: M-F 10-4 (beginning April 1)
- ▶ **Please: No pets, no smoking**
- ▶ We're active on **facebook.com/wellsreserve**
- ▶ **Group** of 10 or more? Please call ahead
- ▶ **Directions:** US Rte 1 to Laudholm Farm Rd or Route 9 west to Skinner Mill Rd

**wellsreserve**  
at laudholm  
winter programs 2013



**Wells National Estuarine Research Reserve**  
Headquartered at historic Laudholm Farm, Wells, Maine  
[wellsreserve.org](http://wellsreserve.org) | 207-646-1555

# winter2013

## Morning Yoga

*Tuesdays, January 8-March 5, 8 to 9:15 am*

Increase strength, flexibility, endurance, focus, and concentration. With Mary A. Taylor, yoga therapist. \$80/\$64 for 8-week series • Registration required.

## Naked Shrubs

*Saturday, January 12, 10am-2 pm*

No leaves? No problem! Use branching pattern, bud and bark characteristics, habitat, and other features to identify shrubs in winter. Indoor/outdoor workshop with "Boot" Boutwell, co-sponsored by New England Wild Flower Society. \$25/20 • Registration required.

## Lunch 'n' Learn: Colorful History of Skiing

*Thursday, January 24, 12-1 pm*

Discover the evolution of skiing in America with Cal Conniff, past president of the National Ski Areas Association and member of the U.S. Ski Hall of Fame. \$2 suggested donation • Bring your lunch.

## Lunch 'n' Learn: Peace Corps in Africa

*Wednesday, February 13, 12-1 pm*

Two former Peace Corps volunteers now work at the Wells Reserve. Clancy Brown and Annie Cox will tell you about teaching science in Mozambique and developing rural aquaculture in Zambia. \$2 suggested donation • Bring your lunch.

## Laudholm Night at One Dock

*Wednesday, February 13, 5-9 pm*

Enjoy fine dining while helping Laudholm Trust as One Dock, the restaurant at the Kennebunkport Inn, dedicates this Worthy Wednesday to us. Reservations at 967-2621.

## Winter Trekkers

*Tuesday, February 19, 9 am to 3 pm*

*Wednesday, February 20, 9 am to 3 pm*

For ages 6 to 10. Learn how animals survive the winter, search for wildlife sign, and become a scat expert.

Participate on just one day or come on both days to join new activities planned for the second session. \$50/\$40 • \$100/\$80 for both days  
Financial aid available • Registration required.

## Winter Wildlife Day

*Thursday, February 21, 10 am to 2 pm*

The Center for Wildlife and York County Audubon join us for a day of family fun and animal awe. Free • Bring snowshoes, sleds & skis if you have them.



## Lunch 'n' Learn: Get to Know Your Nekton

*Wednesday, March 6, 12 to 1 pm*

Two Wells Reserve scientists introduce the fish, crabs, and other free-swimming creatures collectively called nekton. Jeremy Miller and Jacob Aman also describe how and why they study these animals in the streams, marshes, and nearshore waters of southern Maine. \$2 suggested donation • Bring your lunch.

## Morning Yoga

*Tuesdays, March 12 to April 30, 8 to 9:15 am*

Increase strength, flexibility, endurance, focus, and concentration. With Mary A. Taylor, yoga therapist. \$80/\$64 for 8-week series • Registration required.

## Climate Stewards Lecture I

*Tuesday, March 12, 6 to 7:30 pm*

Reducing Fossil Fuel Use. See sidebar.

## Docent Training Sessions

*March-April dates to be announced*

New docent orientation, skill-building sessions, and trainings for volunteers who lead guided programs. FMI contact Paige at 646-1555 ext 110.

## Cuba: Old Havana, Classic Cars, and Birds

*Tuesday, March 19, 7 to 8 pm*

A fascinating glimpse at the old city, the countryside, and the birds of Cuba. With Marie Jordan. Free • York County Audubon program.

## Climate Stewards Lecture II

*Wednesday, April 3, 6 to 7:30 pm*

Solar for Your Home. See sidebar.

## Preschool Story Hour: Big Night for Salamanders

*Tuesday, April 9, 10:30 to 11:30 am*

For ages 3 to 5. An introduction to animals through a book reading, a short trail walk, and an activity. Free • Meet in the library.



## Woodcock Watch

*Thursday, April 11, 7 to 8:30 pm*

*Friday, April 12, 7 to 8:30 pm*

Commune with the famed timberdoodle, forest denizen and aerial acrobat. With Paul Dest. \$7/\$5 • Registration required.

## Climate Stewards Lecture Series

This series of talks focuses on mitigating the long-term detrimental impacts of climate change. Held in Mather Auditorium. \$5 suggested donation. Great door prizes. Funding provided by the NOAA Climate Stewards Education Project.

## A Step-by-Step Guide to Reducing Your Fossil Fuel Use — with Tom Twist, Sustainability Officer, Chewonki Foundation

*Tuesday, March 12, 6 to 7:30 pm*

## Solar Energy for Your Home — with Jennifer Hatch, Marketing Manager, ReVision Energy

*Wednesday, April 3, 6 to 7:30 pm*

## Crisis and Opportunity in the Environmental Century — with Stephen Mulkey, President, Unity College

*Monday, May 13, 6 to 7:30 pm*

## Additional Lectures to be announced

Visit [wellsreserve.org](http://wellsreserve.org) for new listings.

**wellsreserve**  
at laudholm

fees = regular/Laudholm member  
reservations = 207-646-1555